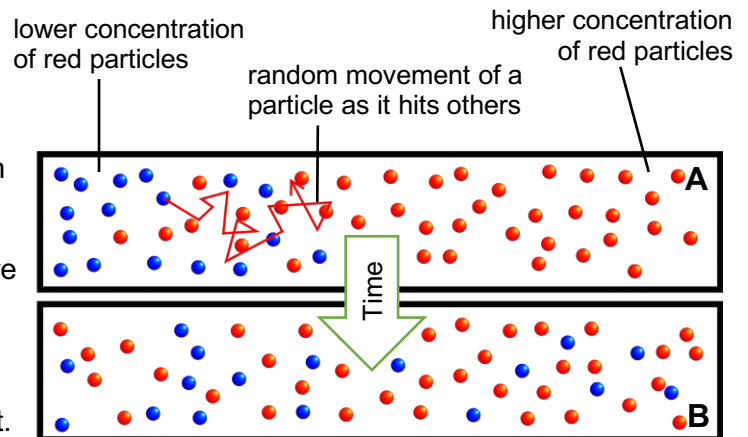


## Diffusion

The particles in fluids move in random directions, passing and hitting one another. This makes them spread out; there is an *overall* movement of particles from where there are more to where there are fewer. This is **diffusion**. In diagram A, on average more blue particles are moving to the right, and more red particles are moving to the left.



The number of particles in a certain volume is their **concentration**. Particles diffuse from higher to lower concentration. When concentrations are equal, diffusion stops (but particle movement continues).

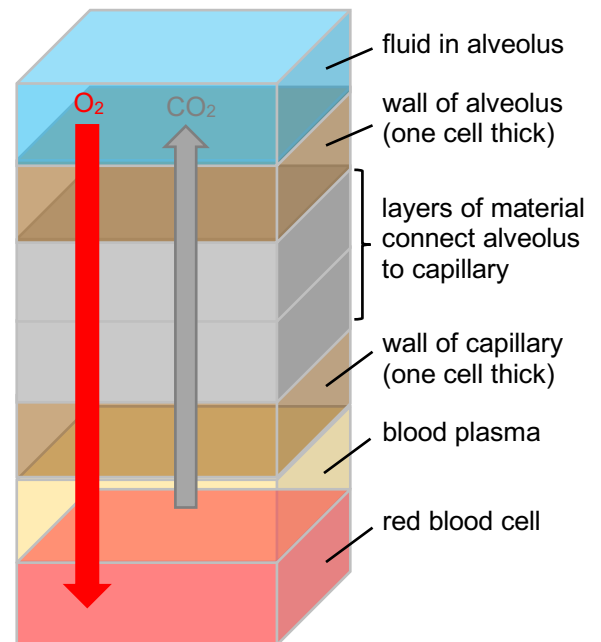
## Diffusion in the lungs

Oxygen ( $O_2$ ) dissolves into a thin layer of fluid in the **alveoli** of a lung. It then diffuses towards red blood cells. To reduce the time taken for this diffusion, the distance is short.

The large surface area of the alveoli helps more oxygen enter the fluid in a given time, which speeds up diffusion.

## Concentration gradient

Diffusion occurs *down* a **concentration gradient** (the difference between two concentrations). The greater the difference, the *steeper* the concentration gradient and the faster diffusion happens.



People with serious COVID-19 find it difficult to breathe and so less fresh air enters the alveoli. These patients may be given oxygen to help maintain the concentration gradient and allow enough oxygen to continue to diffuse quickly into the blood. The fluid layer also gets thicker, which also reduces diffusion.

## Find out

1. Find out the distance between the fluid in an alveolus and the blood. \_\_\_\_\_
2. a. Name the type of cell that forms most of an alveolus wall. \_\_\_\_\_  
b. Explain how their shape helps the diffusion of oxygen. \_\_\_\_\_

## Test yourself

3. The diagram at the top of page 1 shows the positions of particles at different times, A and B.

a. Give the name of the process that occurs between A and B. \_\_\_\_\_

b. Explain whether this process is still occurring at time B. \_\_\_\_\_

\_\_\_\_\_

c. Give the reason why this process is important in the lungs. \_\_\_\_\_

\_\_\_\_\_

4. Explain how two adaptations of the lungs help to get a good supply of oxygen into the blood.

i. \_\_\_\_\_

\_\_\_\_\_

ii. \_\_\_\_\_

\_\_\_\_\_

5. Complete these sentences using *some* words from the box.

If there is a large difference in oxygen \_\_\_\_\_

between alveolus fluid and blood, there is a \_\_\_\_\_

concentration \_\_\_\_\_. Oxygen \_\_\_\_\_ quickly \_\_\_\_\_

the concentration gradient into the blood. In COVID-19 patients with breathing difficulties, air

in the lungs is not replaced very quickly. So, its percentage of oxygen \_\_\_\_\_

and less oxygen dissolves in the fluid. This \_\_\_\_\_ the concentration gradient of

oxygen. Giving air containing oxygen \_\_\_\_\_ the concentration gradient again.

6. Explain why a good blood supply is needed for carbon dioxide to diffuse quickly to the lungs.

\_\_\_\_\_

\_\_\_\_\_

blood	concentration
decreases	diffuses
down	gradient
increases	lungs
shallow	steep
	up

## Check-up

I. Check your answers.

II. Find a dice, a pencil and a piece of squared paper. Mark a point in the middle of the paper (where two lines cross). Throw the dice and draw a line in the direction shown in the diagram (up or down one box or across a box). What is this a model for? Describe one way in which it is not a good model.

